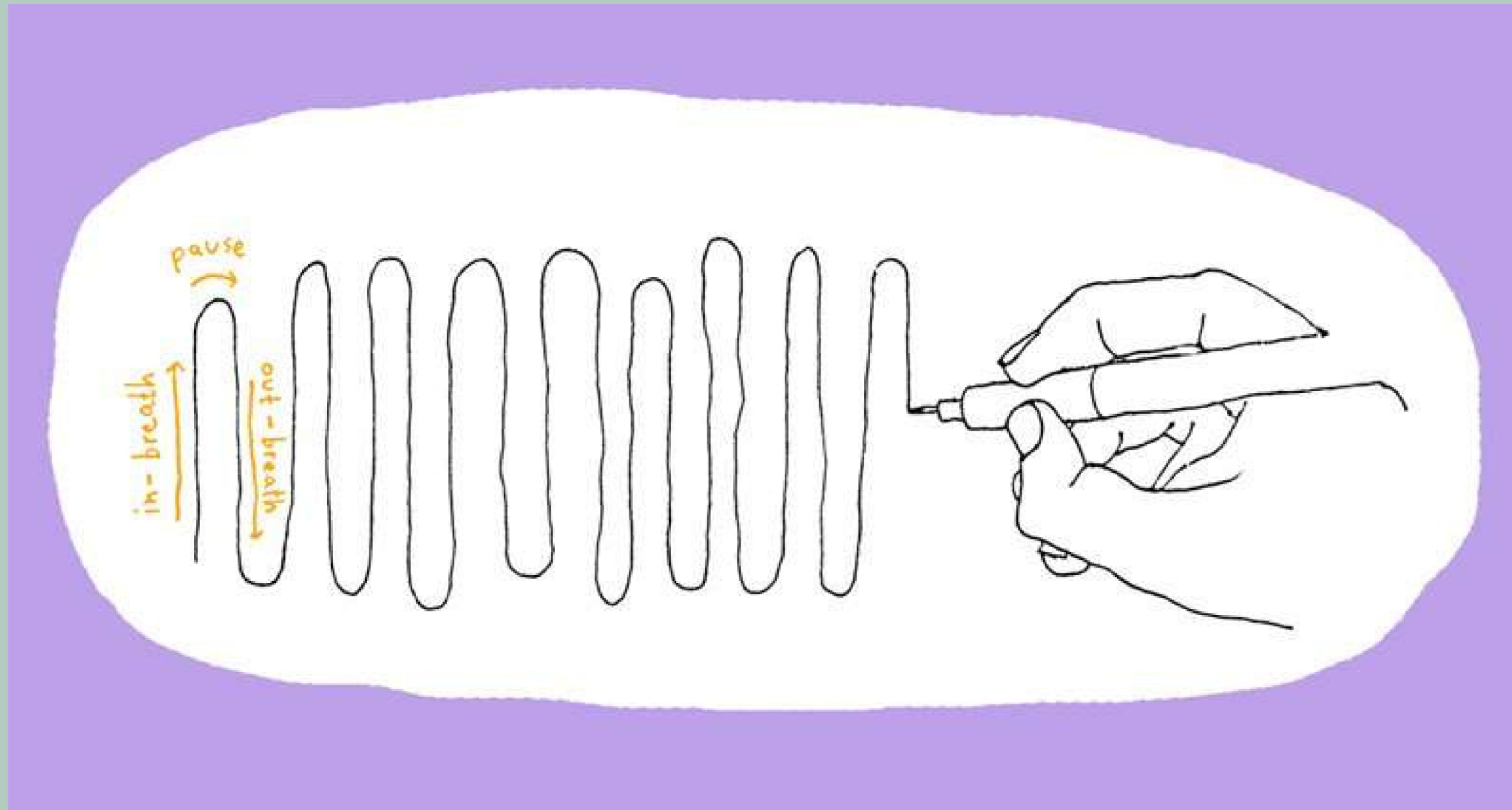


DRAW YOUR PERFECT WORK LIFE

MINDFULNESS DRAWING

DRAW YOUR BREATH



DRAW

**WE ARE DRAWING FROM A POINT OF
NO LIMITATIONS.**

EVERYTHING IS POSSIBLE

REFLECT

IMAGINE YOU WAKE UP TOMORROW AND
OVERNIGHT, YOUR PERFECT WORK-LIFE HAS
MATERIALIZED.

DRAW

**DRAW THE SHAPE AND COLOURS FOR THE
FEELING OF THAT PERFECT WORK-LIFE.**

REFLECT AND DRAW

IS THERE **ANYTHING ELSE** ABOUT THE SHAPE AND
COLOURS?

REFLECT AND DRAW

WHAT ELSE IS **THERE?**

REFLECT AND DRAW

WHERE IS THIS PERFECT WORK LIFE?

REFLECT AND DRAW

HOW IS THIS PERFECT WORK LIFE?

REFLECT

WHAT PART OF THIS PERFECT WORK LIFE DO YOU
ALREADY HAVE NOW?

DRAW

WHAT IS MISSING?

DRAW

WHAT **MINDSET** DO YOU NEED?

DRAW

WHAT IS **STANDING** IN YOUR WAY?

REFLECT

HOW CAN YOU **ADDRESS** WHAT IS STANDING IN YOUR
WAY?

REFLECT

IS THERE ANYTHING ABOUT THE OBSTACLES THAT IS
NOT TRUE?

REFLECT

WHAT DO YOU **CHOOSE TO LEAVE OUT** FROM YOUR
CURRENT SITUATION?

REFLECT

WHO NEEDS TO SEE YOUR DRAWING?

DRAW

WHO CAN **SUPPORT** YOU?



SHARING BREAKOUT ROOMS

SHARE

WHAT IS YOUR PERFECT WORK LIFE **MADE OF?**

WHAT IS IT **PART OF?**

SHARE (CHAT)

INSIGHTS FROM BREAKOUT ROOMS



SHARING BREAKOUT ROOMS

SHARE

WHAT DOES YOUR PERFECT WORK LIFE **LOOK LIKE TO
THE WORLD?**

**WHAT DOES THE WORLD LOOK LIKE FROM ITS POINT
OF VIEW?**

SHARE (CHAT)

INSIGHTS FROM BREAKOUT ROOMS



DID SOMETHING **EMERGE THAT YOU WOULD
NOT HAVE SEEN, IF THIS HAD BEEN A
CONVERSATION?**

WHAT TO CONNECT?

**[HTTPS://WWW.LINKEDIN.COM/IN/DAISY-
HILBRANDS/](https://www.linkedin.com/in/daisy-hilbrands/)**